

Bullying Definition

10/18/12

What is Bullying?

Bullying is a widespread and serious problem across our nation. Although definitions of bullying vary, most agree it involves:

- Imbalance of Power
- Intent to Cause Harm
- Repetition

Not every mean action is bullying, it's what happens when someone repeatedly (again and again) hurts or threatens another person on purpose. Bullying comes in many forms: name calling, teasing, leaving people out on purpose, spreading rumors, breaking up friendships, or physically hurting someone (hitting, punching, shoving). It can happen in person, in writing, online, on cell phones, in school, on the bus, at home, or anywhere.

Parent Student Handbook 2012-2013, pgs 35-38, Faculty & Staff Handbook 2012-2013, pgs 17- - **Bullying** is a Major Offense. There are 3 types of bullying:

Verbal bullying is saying or writing mean things. Verbal bullying includes: Teasing, Name-calling, Inappropriate sexual comments, Taunting, Threatening to cause harm.

Social bullying, sometimes referred to as relational bullying, involves hurting someone's reputation or relationships. Social bullying includes: Leaving someone out on purpose, Telling other children not to be friends with someone, Spreading rumors about someone, Embarrassing someone in public.

Physical bullying involves hurting a person's body or possessions. Physical bullying includes: Hitting/kicking/pinching, Spitting Tripping/pushing, Taking or breaking someone's things, Making mean or rude hand gestures.

Cyberbullying is bullying that takes place using electronic technology. Examples of cyberbullying include: mean text messages or emails, rumors sent by email or posted on social networking sites, and embarrassing pictures, videos, websites, or fake profiles.

Consequences Include:

- Warning/Name Recorded
- Time Out
- Counselor's Office
- Parental Contact
- Principal's Office